



2010 FIBArk RUNNING RACES: TRIPLE CROWN, TENDERFOOT HILL CLIMB, 5K AND 10K ROAD RACES AND 10K TRAIL RUN

INDIVIDUALS MUST FILL OUT THIS ENTRY FORM AND A LIABILITY WAIVER

NAME (FIRST) _____ (LAST) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ E-MAIL _____

D.O.B. ____/____/____ AGE ON RACE DAY _____ MALE _____ FEMALE _____

T-SHIRT SIZE: (ADULT) S ___ M ___ L ___ XL ___ (T-shirts are not included with Hill Climb entries)

TRIPLE CROWN - Compete in the Hill Climb, 10k Road Race and 10K Trail Run to vie for the Triple Crown title. The male and female competitor with the best combined time for all three events wins.

TENDERFOOT HILL CLIMB - Thursday, June 17 at 6pm

- Pre-register or register on race day between 4:00pm and 5:45pm at the corner of First and "F" Streets.
- Awards will be given immediately after the race to the top three male and female finishers, oldest runner and middle of the pack.

5K and 10K ROAD RACES - Saturday, June 19 at 8am

- Pre-register or register on race day between 6:45am and 7:45am at Thonhoff Park (104 Crestone, adjacent to the Chaffee County Courthouse).
- Awards will be given to the top three male and female finishers overall, as well as the top three finishers in each age category. Award ceremony will follow the races at Thonhoff Park.

CIRCLE YOUR AGE GROUP: <15, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

10K TRAIL RUN - Sunday, June 20 at 8:00am

- Pre-register or register on race day between 6:45am and 7:45am at the "F" Street Bridge.
- Awards will be given to the top three male and female finishers. Award ceremony will follow the races.

REGISTRATION CLOSSES 15 MINUTES BEFORE EACH RACE BEGINS. PLEASE ARRIVE EARLY IF YOU PLAN ON REGISTERING THE MORNING OF THE RACE!

TRIPLE CROWN	\$50	\$ _____	TENDERFOOT HILL CLIMB	\$5	\$ _____
5K ROAD RACE	\$25	\$ _____	10K ROAD RACE	\$25	\$ _____
10K TRAIL RUN	\$25	\$ _____	TOTAL ENTRY FEES		\$ _____

MAKE CHECKS PAYABLE TO 'FIBArk'

PLEASE BRING OR MAIL YOUR ENTRY FORM(S), SIGNED LIABILITY WAIVER(S) AND ENTRY FEES TO:

**FIBArk Race Registration
Salida Recreation and Hot Springs Aquatic Center
410 West Highway 50
Salida, CO 81201**

For more information, please visit www.salidarec.com, call 719-539-6738 or email salidaraces@gmail.com

CITY OF SALIDA RECREATION PROGRAM REGISTRATION AND RELEASE FORM

Please read and fill out the following form completely and accurately. The city will rely on the information provided in allowing you and/or your minor child listed below to participate in the city's recreation program(s). Participants under 18 years of age must have this form signed by a parent or legal guardian.

Date: _____

Participant's Name: _____ Age/DOB: _____

Address: _____ Telephone: _____

Emergency Phone: _____ E-mail: _____

If participant is a minor, parent/legal guardian: _____

Telephone (if different from above) _____

Name of recreation program/activity: _____ Date: _____ Fee paid _____

_____ Date: _____ Fee paid _____

Credit Card: Type _____ Number _____ Exp. Date _____

Are there physical or medical conditions concerning the participant that the city should be aware of ? If so, explain: _____

(attach additional sheets if necessary)

Release

1. as the participant and/or parent/legal guardian of the minor child listed above, and in consideration for allowing myself or my minor child to participate in the city's recreation program(s) and activities noted above, hereby acknowledge and agree as follows on behalf of myself and my child:

1. I have requested that I or my minor child be allowed to participate in the city's recreation program(s) and activities recognizing that such participation involves, or may involve, risks, both known and unknown, of physical injury or illness.

2. I represent that I and/or my child is physically capable of participating in the recreation program(s).

3. **By signing this release, I, on behalf of myself and my minor child, expressly assume all risks, known and unknown, of injury, illness and property damage to myself, my minor child, or to any third party arising from or related to my or my child's participation in the city's recreation program(s), whether caused by the act, error, omission, or negligence of the city, its employees, officers or agents, or by an other person or cause.**

4. **By signing this release, I, on behalf of myself and my minor child, expressly exempt, waive, release and discharge in advance the city, its employees, officers and agent, from any and all claims, liabilities, actions, or damages for injury, illness or loss that may arise from my or my child's participation in the city's recreation program(s) and activities, whether caused or created by the acts, errors, omissions, or negligence of the city, its employees, officers or agents, or some other person or cause; and I further agree to hold harmless and indemnify the city, its employees, officers and agents, from any and all injuries, damage, loss, claims or demands which arise from or are related to my or my child's participation in the city's recreation program(s) and activities.**

5. I understand that this agreement incorporates the entire understanding and agreement between myself, my minor child, and the City of Salida, its officers, employees, agents and representatives, and that it cannot be modified or changed in any way by the statements, promises or representations of any employee or agent of the city,; and that this agreement is intended to be as broad and inclusive as permitted by the laws of Colorado, and that if any portion is held invalid or unenforceable, the remaining portions shall continue in full legal force and effect.

6. By executing this agreement I also do hereby authorize the city, its employees, officers and agents, to provide and/or consent to emergency medical or surgical examination and treatment for myself or my minor child in the event of injury or illness occurring to me or my child while participating in any city recreational program or activity.

7. My signature below indicates that I have read this document in its entirety, that I understand it completely, and that it affects my legal rights and the legal rights of my child, and that I, along with all heirs, assigns and personal representatives for myself and my child, agree to be bound by its terms. I also acknowledge that I am providing this waiver and release in advance for the benefit of the city knowing that all possible risks or causes of injury can neither be foreseen nor eliminated.

Signed by : _____
Participant and/or Parent/Legal Guardian